

*Registered with An Coimisiun Le Rinci Gaelacha*

The Feile Nollaig Committee proudly presents the 23rd annual



**Sunday November 14, 2021**

## **Centurion Conference & Event Center**

170 Colonnade Rd. South, Ottawa, ON, K2E 7J5

Doors Open at 8:00 am - Feis Begins at 8:30 am

Entries open to 300 competitors

Late entry fee of \$25/ dancer if payment not received

on or before November 7<sup>th</sup>, 2021

On-line entries only through [Feis Link](#)

Find more information and the link on our website at

[www.suefayhealy.com](http://www.suefayhealy.com)

**NO REFUNDS for any reason.**

Fran Healy - Feis President  
Sue Fay Healy / Jennifer Healy - Feis Coordinators  
Cheryl Hilborn—Feis registrar  
Domenique Reynolds - Vendor Liaison

# Feile Nollaig 2021

## REGISTRATION INFORMATION

On-line entries only through [Feis Link](#) website –more info at [www.suefayhealy.com](http://www.suefayhealy.com)

Paid entry cap: 300

### Fees:

Grade level solo dances (each).....	\$ 10
Grade Level Trophy Specials (each) .....	\$ 12
Preliminary Championship Sets .....	\$15
Preliminary Championship.....	\$ 40
Open Championship.....	\$ 55
Family Fee (registration, parking, and entry into the feis) .....	\$ 25
Late entry fee ( <i>applies to all entries submitted <u>after</u></i> <i>November 7, 2021 and <u>all unpaid entries as of that date</u></i> ) .....	\$ 25

Payments may be made on-line through the Feis.Link website.

Entries are not complete until payment is received. **Absolutely NO REFUNDS.**

**\*\*All payments must be received by November 7, 2021 to avoid late charge of \$25\*\***

For direct bank transfer payments, please email payment to [feis@suefayhealy.com](mailto:feis@suefayhealy.com). Further instructions can be found online or in email confirmation.

**Feis Registrar: Cheryl Hilborn**

**Email inquiries (preferred): [feis@suefayhealy.com](mailto:feis@suefayhealy.com)**

**Telephone inquiries: 613-809-5964 (not before 7 am or after 9 pm)**

**Official Feis Photography:** *Photographs may be taken during this event by Feile Nollaig's official photographer. As a public event, Feile Nollaig may use photographic and electronic images and/or recordings, which may or may not include your recognizable image, to advance the mandate of, and further promote the feis in print, digital or web-based formats.*

*By visiting or participating in Feile Nollaig, and being present in a public setting, you authorize the use and reproduction by the feis, or anyone authorized by the feis, of any photographs, audio and/or video recordings taken while at the feis, without compensation.*

Visit our website for on-line registration and additional information including  
a listing of adjudicators and musicians, competitor list and stage schedule.

[www.suefayhealy.com](http://www.suefayhealy.com)

## COVID-19 RULES AND PROTOCOLS

These rules will supersede any rules noted below from ECR and are only in place temporarily due to mandated health restrictions from COVID-19

Feile Nollaig has carefully put a plan together to keep all our dancers, judges, musicians and families safe. If you have any additional questions, please feel free to reach out. We do expect all individuals to abide by the following rules and regulations to make it a great day for everyone.

- Per government regulations, the allowable number of people in the venue under reduced capacities is 50% of the venue capacity:
- The stage schedule will be set up with arrival times per groups of dancers to ensure we maintain the limits noted above.
- You will not be permitted to stay and watch other competitions other than your own.
- Only one person allowed in per dancer in the venue.
- All registrations must be done in advance, on Feis.Link. Your Feis.Link contact information will be used as our dancer contact tracing information so please take a moment and make sure it is up-to-date.
- No onsite registration or changes will be permitted.
- Dancers will remain outside until their competition check in times that will be noted on the stage schedule
- Please do not arrive at the feis if you have a fever, cold or flu like symptoms, coughing or have been in contact with individuals with these symptoms or are known to have tested positive for COVID-19.
- Please only bring in necessary items to the venue - no long-term camping permitted. The feis organizers reserve the right to ask you to not bring items into the feis at check in.
- What you bring in - you bring out - including garbage, tape, water bottles etc.
- Feis volunteers will be maintaining cleanliness of all public areas.
- Please do not count on space or time to warmup space in the venue. Once registration is closed, should the schedule allow, we will allow dancers in early to warm up.
- Feile Nollaig will have volunteers to manage the flow of traffic to ensure we are adhering to all public health requirements.
- Masks must be always worn by all individuals while indoors. The only exception will be the dancers who can remove their mask once onstage. Dancers will keep their mask on their wrist/hand while dancing.
- Dancers under 13 will dance two at a time on a split stage. Dancers over 13 will dance 2 at a time on a regular (non-split stage) for both hard shoe and soft shoe.
- Awards will be at 40% per competition

**Beginner Competitions - \$10.00 per competition. \$12.00 per Trophy Specials.***Trophy Special Competitions: First, second and third place receive a trophy*

	<b>*Reel Trophy Special (122 bpm)</b>	<b>Light Jig (115 bpm)</b>	<b>Slip Jig (122 bpm)</b>	*Beginner Reel competitors will all receive a participation medal.  <i>Trophy Special Competition: First, second and third place receive a trophy</i>  <i>See ECR rule 10</i>
<b>Under 5</b>	B5R	B5L	B5S	
<b>Under 6</b>	B6R	B6L	B6S	
<b>Under 7</b>	B7R	B7L	B7S	
<b>Under 8</b>	B8R	B8L	B8S	
<b>Under 9</b>	B9R	B9L	B9S	
<b>Under 10</b>	B10R	B10L	B10S	
<b>Under 11</b>	B11R	B11L	B11S	
<b>Under 12</b>	B12R	B12L	B12S	
<b>12 and over</b>	B99R	B99L	B99S	

**Advanced Beginner Competitions - \$10.00 per competition. \$12.00 per Trophy Specials.***Trophy Special Competitions: First, second and third place receive a trophy*

	<b>Reel (122 bpm)</b>	<b>Light Jig Trophy Special (115 bpm)</b>	<b>Slip Jig (122 bpm)</b>	<b>Single Jig (124 bpm)</b>	<b>Treble Jig (92 bpm)</b>	<b>Hornpipe (138 bpm)</b>	<b>St. Patrick's Day Trophy Special (94 bpm)</b>
<b>Under 7</b>	A7R	A7L	A7S	A7X	A7T	A7H	A7P
<b>Under 9</b>	A9R	A9L	A9S	A9X	A9T	A9H	A9P
<b>Under 11</b>	A11R	A11L	A11S	A11X	A11T	A11H	A11P
<b>Under 13</b>	A13R	A13L	A13S	A13X	A13T	A13H	A13P
<b>13 and over</b>	A99R	A99L	A99S	A99X	A99T	A99H	A99P

**Novice Competitions - \$10.00 per competition. \$12.00 per Trophy Specials.***Trophy Special Competitions: First, second and third place receive a trophy*

	<b>Reel Trophy Special (113 bpm)</b>	<b>Light Jig (115 bpm)</b>	<b>Slip Jig (113 bpm)</b>	<b>Single Jig (124 bpm)</b>	<b>Treble Jig (92 or 73 bpm)</b>	<b>Hornpipe (138 or 113 bpm)</b>	<b>Traditional Set Trophy Special*</b>
<b>Under 7</b>	N7R	N7L	N7S	N7X	N7T	N7H	N7D
<b>Under 9</b>	N9R	N9L	N9S	N9X	N9T	N9H	N9D
<b>Under 11</b>	N11R	N11L	N11S	N11X	N11T	N11H	N11D
<b>Under 13</b>	N13R	N13L	N13S	N13X	N13T	N13H	N13D
<b>13 and over</b>	N99R	N99L	N99S	N99X	N99T	N99H	N99D

**Prizewinner Competitions - \$10.00 per competition. \$12.00 per Trophy Specials.***Trophy Special Competitions: First, second and third place receive a trophy*

	<b>Reel Trophy Special (113 bpm)</b>	<b>Slip Jig (113 bpm)</b>	<b>Single Jig (124 bpm)</b>	<b>Treble Jig (92 or 73 bpm)</b>	<b>Hornpipe (138 or 113 bpm)</b>	<b>Traditional Set Trophy Special * see note below</b>
<b>Under 9</b>	P9R	P9S	P9X	P9T	P9H	P9D
<b>Under 11</b>	P11R	P11S	P11X	P11T	P11H	P11D
<b>Under 13</b>	P13R	P13S	P13X	P13T	P13H	P13D
<b>13 and over</b>	P99R	P99S	P99X	P99T	P99H	P99D

\* Trad Set choices are: *St Patrick's Day (94 bpm), Job of Journeywork (138 bpm), Garden of Daisies (138 bpm), Blackbird (144 bpm), King of the Fairies, Jockey to the Fair (90) and Three Sea Captains (96).*

<b>Preliminary Championships—2 rounds—\$40.00</b> Specify Reel (113 bpm)/Slip Jig (113 bpm) and Treble Jig (73 bpm)/Hornpipe (113 bpm)  Trophies will be awarded for 1st, 2nd and 3rd places. Sashes for top 5.  See ECR Rules 6 & 8.		<b>Preliminary Championship Set Dance—\$15.00 SASH Special</b> <i>*All U8/U9 Preliminary Championship competitors must dance a Traditional Set. See ECR Rule 9</i> <b>Sashes for top 3 competitors</b> <i>Trad Set choices are St Patrick's Day (94 bpm), Job of Journeywork (138 bpm), Garden of Daisies (138 bpm), Blackbird (144 bpm), King of the Fairies (130 bpm), Three Sea Captains (96 bpm), &amp; Jockey to the Fair (90 bpm)</i>	
<b>Under 9</b>	PC9	<b>Under 9*Trad Set</b>	PC9S
<b>Under 11</b>	PC11	<b>Under 11</b>	PC11S
<b>Under 13</b>	PC13	<b>Under 13</b>	PC13S
<b>Under 15</b>	PC15	<b>Under 15</b>	PC15S
<b>Under 17</b>	PC17	<b>Under 17</b>	PC17S
<b>17 and over</b>	PC99	<b>17 and over</b>	PC99S

<b>Open Championships—Three Rounds—\$55</b> Specify Reel (113 bpm)/Slip Jig (113 bpm) and Treble Jig (73 bpm)/Hornpipe (113 bpm) .		Trophies will be awarded for 1st, 2nd and 3rd places. Sashes for top 5	
<b>Under 9</b>	C9		
<b>Under 11</b>	C11		
<b>Under 13</b>	C13		
<b>Under 15</b>	C15		
<b>Under 17</b>	C17		
<b>Under 19</b>	C19		
<b>19 and over</b>	C99		

## Eastern Canadian Region Rules

*Amended: 3 December 2006; 27 January 2008, 6 November 2008, 10 August 2011, 23 November 2011, 4 December 2013, 13 November 2014, 30 December 2016, 2 May 2017, 29 April 2018, 28 April 2019, 28 January 2021*

- Boys and girls must be combined in all levels
- Advanced Beginner, Novice and Prizewinner competitions with 15 or more entries shall be split to single age groups (effective Jan 1 2017). Should one side of the split have four or fewer entries, the feis organizers may choose to not split the original competition. Double-aged competitions with four or fewer entries will not be merged.
- Preliminary and Open Championship competitions with 25 or more competitors must be split by year of birth (or exactly in half in the case of senior level age groups) (effective Jan 1 2017).
- Competitions not reaching the thresholds noted above may not be split.
- Entries received after splits/mergers have been approved by the Feis Liaison and communicated to the Feis Chair shall not mandate further adjustments (effective Jan 1 2017).
- Preliminary Championship: In addition to the IDTANA definition, a Preliminary Championship dancer in the ECR is "one who has achieved 1st place in one light dance (reel or slip jig), AND 1st place in one heavy dance (treble jig or hornpipe) in the Prizewinner grade".
- Dancers in Under 8 and Under 9 preliminary set dance competitions must dance a traditional set dance from the An Coimisiún le Rincí Gaelacha approved list. Such will be danced three at a time (except for Open Championship, which will be danced one at a time) where stage size permits; otherwise, they will be danced two at a time.
- A dancer who wins First Place in two Preliminary Championship competitions (with five competitors or more) must advance to Open Championship in the following year. If the second win is achieved in a different calendar year, then the dancer must advance to Open Championship at their next competition. (If their next competition is to be held on the same weekend as that second win, then they shall not be required to advance levels until the following weekend) (effective April 28, 2019)
- All dancers (solo and teams) must be in full costume and Irish dance shoes for award presentations.
- There is to be an 8-bar break between lines of dancers in Beginner competitions.
- All speeds MUST be listed on the feis syllabus as shown in the regional syllabus.
- Feiseanna may apply on an annual basis for additional age groups for grade level competitions and/or single age groups for Preliminary and Open Championship events.
- Open Championship competitions shall consist of three rounds judged by three adjudicators. Permission MUST be sought from the Regional Director to offer alternative systems such as rotating panels etc. (effective April 28, 2019).

# North American Feis Committee Rules (temporarily including until updated by IDTANA)

\*Adopted by the North American Feis Commission, Effective January 1 2017)

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teach of any category.
3. A competitor may be disqualified for any of the following reasons:
  - a. Conduct unbecoming a lady or gentleman.
  - b. Failure to report on time to compete. (Penalty: disqualification from said event)
  - c. Falsification of age or other important facts - i.e., teaching, award winning, competing under another competitor's name or number, etc.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.
5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
  - a. Must compete in their own age group.
  - b. Must be prepared to perform two steps in each event.
  - c. Cannot change competition on the day of the Feis.
6. Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions; use of reflective plastic number covers is discouraged.
8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
9. Complaints must be in writing, stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitors' performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a \$20 late fee.
14. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify on the entry form their choice of set dance. Entrants cannot change competition or category on the day of the competition.
  - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship,
  - b. i.e. two 1st place wins.
  - c. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
  - d. The regional syllabus where the Feis is being held may have different qualifications for entry.
15. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.
16. Preliminary Championships are open to those who, at any NAFC recognized Feis:
  - a. Have won 1st place in both an open/prizewinner light and heavy shoe competition, and
  - b. Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe. The regional syllabus where the Feis is being held may have different qualifications for entry.
  - c. The regional syllabus where the Feis is being held may have different qualifications for entry.

17. Championships and Preliminary Championships require at least three adjudicators.
18. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
19. The status of the dancer does not change unless there are five or more dancers in a competition.
20. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.
21. **Beginner Grade:** A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.  
**Advanced Beginner Grade:** An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.  
**Novice Grade:** A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.  
**Open Grade (Prizewinner):** A competitor who does not qualify as a beginner, advanced beginner or as a novice.  
**Adult Beginner:** An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
22. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
23. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.
24. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group. A competitor may compete in no more than two different age groups for any one category (4-hand, 8-hand, etc).
25. In matters pertaining to adjudication, the decision of the adjudicators is final.
26. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
27. First Feis (if offered), Beginner, and Advanced Beginner dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds. Adult dancers are allowed to dance traditional or Oireachtas speed dances in the Novice and Prizewinner grade levels, but this does not apply to contemporary set dances.
28. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
29. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).
30. No block, en Pointe, toe walking movements, stationary or moving, is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
31. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.
32. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
33. Each Feis is required to list their adjudicators on their syllabus and/or website. If adjudicators are not listed on the syllabus, they must be posted on the Feis website a minimum of three weeks prior to the Feis. Once the Feis has closed for entries the adjudicators names may be removed from the Feis website. One third of the adjudicators are to be from outside the region where the Feis is being held.
34. Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse.
35. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.