

# CAPITAL FEIS ENTRY FORM

Name: \_\_\_\_\_

Year of Birth: \_\_\_\_\_ Month \_\_\_\_\_ Day \_\_\_\_\_

Dance School: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ Province/State: \_\_\_\_\_

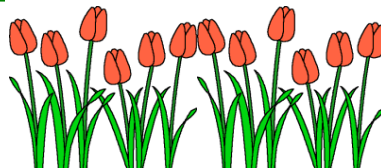
Postal/Zip Code: \_\_\_\_\_ Country: \_\_\_\_\_

Phone# \_\_\_\_\_

Email Address: \_\_\_\_\_

	Competition #'s	Amount \$ /	X #	Total =
Figures		\$8.00		
Solos		\$8.00		
Preliminary Championship		\$26.00		
Open Championship		\$34.00		
Soda Bread		\$8.00		
Sub Total Or Family Max @ \$120.00	Family Max <u>Does not include</u> Trophy Special or Family Door Entry Fee		\$	
Trophy Special \$12.00 each		\$12.00		
Family Door Fee \$20.00	Included with Entry Fee	\$20.00	1	\$20.00
<b>Grand Total</b>	Subtotal or Family Max + Trophy Special + Family Door Fee		\$	
Please circle	Soft Shoe	Hard Shoe	Set/Speed	
Preliminary Championship	R SJ	TJ HP		
Open Championship	R SJ	TJ HP		

## The Capital Feis Committee Proudly Present 17<sup>TH</sup> ANNUAL Capital Feis Feis 2010



**Sunday May23/2010**

St. Peter High School  
750 Charlemagne Blvd  
Orleans, Ontario  
Canada

Doors Open at 7:30 AM  
Feis Begins at 8:30 AM

Entries Open to 550 Paid Competitors

Entry Deadline: May 17/10 postmarked

**\*\*No entries or changes permitted after this date\*\***

Prelim/Champs please include choice of dances and set. No

changes allowed once entry is received

No refunds for any reason

Day Entries accepted with \$20 late fee

(Unless cap has been reached)

Fran Healy, Feis President  
Sue Fay Healy/Jennifer Healy Feis Coordinator  
Christine Malik, Feis Registrar  
Domenique Reynolds, Vendor Liaison

### 2010 NAFC Irish Dance Championships

The North American Senior Irish Dance Championship for the NAFC  
Senior Belt 17 & over (Gerry Campbell Perpetual Belt)  
Feile Samhain, Portland, Oregon Oct 30-31, 2010

The North American Junior Irish Dance Championship for the NAFC  
Junior Cup under 17 (Robert Gabor Perpetual Trophy)  
Rose City Feis, Windsor, Ontario Canada, Aug 14, 2010

The North American Minor Irish Dance Championship  
Minor Trophy under 13 (George Sweetnam Trophy)  
Chicago Autumn Feis, Chicago Nov 7, 2010

Member of the North American Feis Commission  
President: Pat Watkins  
Member of An Coimisiún, Dublin, Ireland

## Entry Fees

Figure Dances	\$8.00
Solo Competitions	\$8.00
Trophy Special Competitions	\$12.00
Preliminary Championship	\$26.00
Open Championship	\$34.00
Family Maximum	\$120.00 *does not include Trophy Special /family door fee**
Door Entry Fee Included with entry	\$20.00 **must be included with entry ** Results (emailed) are included with entry fee <u>**Please make sure email address is entered**</u>

Please Note: there are **NO REFUNDS** whatsoever

Mail completed Entries to:

Capital Feis

26 Weslock Way

Kanata, Ont. Canada K2K 2K3

(613) 270-0948 (5PM - 11PM)

**\*\* Cheques are to be made out to "Capital Feis" \*\***

Email: [emeraldregistrar@gmail.com](mailto:emeraldregistrar@gmail.com) Online Entries at [www.efeis.com](http://www.efeis.com)

Website: [www.suefayhealy.com](http://www.suefayhealy.com) or [eregistrar.wordpress.com](http://eregistrar.wordpress.com)

**\*\*Hotel of Choice: Hilton Garden Inn Ottawa Airport**

2400 Alert Blvd, Ottawa Group Code: FEIL2 \$129

[www.ottawaairport.hgi.com](http://www.ottawaairport.hgi.com) 1-866-235-1060

Please read the following: Please note email and phone entries **will not** be accepted. Entries will be considered accepted only if all areas of the form are CLEARLY filled out and the entry is paid in full. All entries for Family Maximum must be received in the same envelope. All entries must be printed clearly, one official form per dancer All entries must include \$20 family door fee or registration will not be considered\*\* we cannot make any exceptions to the \$20 Family Gate Fee, even for dancers that are coming alone or traveling with another family. We apologize for any inconvenience this may cause\* \* **ENTRY DEADLINE May 17/2010** Prelim/Champ please make sure choices are circled on form no changes allowed once entry is received. Entries must include \$20 late fee per dancer postmarked after May 17/10 absolutely no entries/changes will be accepted after May 17/10. Any entry postmarked after this date will be returned. Day Entries will be accepted with \$20 late fee, unless we meet our cap. US money at par. **No Outside Food. No electronic/digital photography is permitted while dancer is performing.**

**Directions from Hotel:** Head Northwest on Alert Rd, Slight Right to stay on Alert Rd. Take the ramp onto Airport Prkwy. Take the ramp to Hunt Club Rd, turn right at Hunt Club Rd, turn Left at Bank St. Turn right at Riverside Rd. Take Hwy 417 East, continue onto regional road Hwy 174 (on left), take exit Exit 47 toward Chemin Tenth Line Rd. Keep right at the fork, follow signs for Tenth Line Rd, and merge onto St. Joseph Blvd, slight left at St. Joseph Blvd, turn left at Tenth Line Road, Turn Left at Charlemagne Blvd, school in on left.

**Directions From Montreal:** Take Hwy 40, slight left on TransCanadienne 0 (turns to Hwy 417W). Take Rockdale Rd towards Vars/Russell. Turn right onto Rockdale. Turn Left onto Frank Kenny Rd. Turn Left onto Russell Rd. Turn right onto Milton Rd. Turn left onto Navan Rd. Turn right onto 10th Line. Slight right onto Charlemagne end at 750 Charlemagne Blvd.

**Directions from South:** 81 North to Hwy401E, to Hwy 416 North. Slight left onto Hwy 417 East Keep Left to take Hwy 174 towards Orleans. Take St. Joseph Blvd exit. Slight right on St. Joseph Blvd. Turn Left onto 10th Line Rd. Turn Left onto Charlemagne Blvd. end at 750 Charlemagne Blvd

**Directions from 401:** Hwy401E, to Hwy 416 North. Slight left onto Hwy 417 East Keep Left to take Hwy 174 towards Orleans. Take St. Joseph Blvd exit. Slight right on St. Joseph Blvd. Turn Left onto 10th Line Rd. Turn Left onto Charlemagne Blvd. end 750 Charlemagne Blvd. end 750 Charlemagne Blvd.

## FIGURE DANCING

Open to all grades. "4&6 Hands must be from Ar Rinci Foirme".  
2 Hand/3 Hand Length: 8 bar intro, plus 48 bars.

2 Hand	U9	F9-2
	U12	F12-2
	U15	F15-2
	15 & Over	F99-2
3 Hand	U9	F9-3
	U12	F12-3
	U15	F15-3
	15 & Over	F99-3
4 Hand	U9	F9-4
	U12	F12-4
	U15	F15-4
	15 & Over	F99-4
6 Hand	U9	F9-6
	U12	F12-6
	U15	F15-6
	15 & Over	F99-6

## Beginner Solo Competitions

\$8.00/Comp \$12/Trophy Special Trophies 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

AGE	Trophy Special Reel	Light Jig	Slip Jig	Single Jig
U5	B5R	B5L	B5S	B5X
U6	B6R	B6L	B6S	B6X
U7	B7R	B7L	B7S	B7X
U8	B8R	B8L	B8S	B8X
U9	B9R	B9L	B9S	B9X
U10	B10R	B10L	B10S	B10X
U11	B11R	B11L	B11S	B11X
U12	B12R	B12L	B12S	B12X
12 & Over	B99R	B99L	B99S	B99X

## Advanced Beginner Solo Soft Shoe \$8.00

AGE	Reel	Light Jig	Slip Jig	Single Jig
U6	A6R	A6L	A6S	A6X
U7	A7R	A7L	A7S	A7X
U8	A8R	A8L	A8S	A8X
U9	A9R	A9L	A9S	A9X
U10	A10R	A10L	A10S	A10X
U11	A11R	A11L	A11S	A11X
U12	A12R	A12L	A12S	A12X
12 & Over	A99R	A99L	A99S	A99X

## Advanced Beginner Hard Shoe Competitions

\$8.00/Comp \$12.00/Trophy Special Trophies 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

AGE	Treble Jig	Hornpipe	Trophy Special St. Patrick's Day
U6	A6T	A6H	A6P
U7	A7T	A7H	A7P
U8	A8T	A8H	A8P
U9	A9T	A9H	A9P
U10	A10T	A10H	A10P
U11	A11T	A11H	A11P
U12	A12T	A12H	A12P
12 & Over	A99T	A99H	A99P

## Novice Solo Soft Shoe Competitions \$8.00/Competition

AGE	REEL	LIGHT JIG	SLIPJIG	Single Jig
U7	N7R	N7L	N7S	N7X
U8	N8R	N8L	N8S	N8X
U9	N9R	N9L	N9S	N9X
U10	N10R	N10L	N10S	N10X
U11	N11R	N11L	N11S	N11X
U12	N12R	N12L	N12S	N12X
U13	N13R	N13L	N13S	N13X
U14	N14R	N14L	N14S	N14X
U15	N15R	N15L	N15S	N15X
15 & Over	N99R	N99L	N99S	N99X

## Novice Level Hardshoe \$8.00/Comp \$12.00/Trophy Special

AGE	Treble Jig	Hornpipe	Trophy Special Trad. Set
U7	N7T	N7H	N7D
U8	N8T	N8H	N8D
U9	N9T	N9H	N9D
U10	N10T	N10H	N10D
U11	N11T	N11H	N11D
U12	N12T	N12H	N12D
U13	N13T	N13H	N13D
U14	N14T	N14H	N14D
U15	N15T	N15H	N15D
15 & Over	N99T	N99H	N99D

## Prizewinner Soft Shoe \$8.00/Comp

AGE	Reel	Slip Jig	Single Jig
U8	P8R	P8S	P8X
U9	P9R	P9S	P9X
U10	P10R	P10S	P10X
U11	P11R	P11S	P11X
U12	P12R	P12S	P12X
U13	P13R	P13S	P13X
U14	P14R	P14S	P14X
U15	P15R	P15S	P15X
U16	P16R	P16S	P16X
16 & Over	P99R	P99S	P99X

## Prizewinner Hard Shoe \$8.00/Comp \$12.00/Trophy Special

AGE	Treble Jig	Hornpipe	Trophy Special Traditional Set
U8	P8T	P8H	P8D
U9	P9T	P9H	P9D
U10	P10T	P10H	P10D
U11	P11T	P11H	P11D
U12	P12T	P12H	P12D
U13	P13T	P13H	P13D
U14	P14T	P14H	P14D
U15	P15T	P15H	P15D
U16	P16T	P16H	P16D
16 & Over	P99T	P99H	P99D

## Grade Level Treble Reel \$12.00/Trophy Special

U9	Maureen Dowie-Marando Perpetual Trophy	P9TR
U11	Dwight Brown Perpetual Trophy	P11TR
U13	Bill Bennet Perpetual Trophy	P13TR
U15	Tracy Davis Perpetual Trophy	P15TR
15 & OVER	Danny O'Connell Perpetual Trophy	P99TR

## Preliminary Championships

Choose Reel/ Slip Jig and Treble Jig/Hornpipe see ECR Rules 4, 5, and 6" \$26.00/Competitor

U9	PC9
U11	PC11
U13	PC13
U15	PC15
U17	PC17
17 & Over	PC99

## Preliminary Championship Set Dances Trophy Special

(One Adjudicator \$12.00/Trophy Special Trophies 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>)

U9	PC9S
U11	PC11S
U13	PC13S
U15	PC15S
U17	PC17S
17 & Over	PC99S

Please bring a CD in case of emergency. All U8 & U9 Preliminary Championship Competitors must dance a Traditional Set Dance From: St. Patrick's Day, Blackbird, Garden of Daisies, King of the Fairies, Job of Journeywork, and Jockey to the Fair

## Open Championships

Soft & Hard Shoe & Set Choose Reel/ Slip Jig and Treble Jig / Hornpipe & Set  
See ECR Rule 7 \$34.00/Competitor

U11	C11
U13	C13
U15	C15
U17	C17
U19	C19
19 & Over	C99

## Preliminary/Open Championship Treble Reel

\$12.00/Trophy Special Trophies for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

U12	C12TR
12&Over	C99TR

## Non Dancing Competitions

### Irish Soda Bread Competition \$8.00

Bread must be submitted on soda bread table no later than 11 am on day of feis. Will be judged on basis of appearance, texture and taste. Donation of baked goods expected.

White Soda Bread	BAKW
Brown Soda Bread	BAKB

## DANCING COMPETITION RULES

Adopted By The North American Feis Commission, 2010  
EFFECTIVE JANUARY 1, 2010

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st

January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st

January shall be deemed to be under the age attained on that date.

2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. All dancers must be pupils of a person currently registered with An Coimisiun as a Dancing Teacher of any category.

3. A competitor may be disqualified for any of the following reasons:

a) Conduct unbecoming a lady or gentleman.

b) Failure to report on time to compete. (Penalty: disqualification from said event)

c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.

Penalty for a) or c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.

4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to a situation where competitors are involved in stage conflicts.

5. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:

a) Must compete in his/her own age group.

b) Must be prepared to perform two steps in each event.

c) Cannot change competition on the day of the Feis.

6. Steel taps or “bubble” heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt and blouse. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.

7. Competitor's number must be worn and visible to adjudicators when performing in all competitions, use of reflective plastic number covers is discouraged.

8. Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.

9. Complaints must be in writing stating names and other factual information and signed by the complainant. A twenty five-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.

10. The Feis Committee, and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.

11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.

12. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee of \$10 per family.

13. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.

a) Dancers must qualify for open championship via the method now in place for preliminary championship, i.e. two 1st place wins.

b) Dancers must compete in the preliminary championship competition in order to qualify for open championship

c) The regional syllabus where the feis is being held may have different qualifications for entry.

14. Combining male and female dancers in any age category is left to the discretion of each region of the IDTANA.

15. Preliminary Championships are open to those who, at any NAFC recognized Feis:

a) Have won 1st place in both an open/prizewinner light and heavy shoe competition, and

b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins two first place awards will move on to Open Championship at the next Feis they

enter, or as soon as the second win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis.

A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men), and a hard shoe dance. A Feis can opt to offer either a) a set dance or b) a jig/hornpipe.

c) The regional syllabus where the feis is being held may have different qualifications for entry.

16. Championships and Preliminary Championships require at least three adjudicators.

17. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National

Oireachtas does not change the status of a competitor. A dancer who moves into open championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to preliminary. An open championship dancer who places is not allowed to return to preliminary until 2 years after their last placement. The regional syllabus where the feis is being held may have different qualifications for entry.

18. The status of the dancer does not change unless there are five or more dancers in a competition.

19. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region. The syllabus is to contain all grade categories. A Feis Committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered.

20. Beginner Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.

Advanced Beginner Grade: An advanced beginner who wins 1st

, 2nd

or 3rd

place

will advance to the Novice category in that particular dance. Competition dances

are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement.

Novice Grade: A novice who wins a 1st

place will advance to the Open

(Prizewinner) category in that particular dance.

Open Grade (Prizewinner): A competitor who does not qualify as a beginner, advanced beginner or as a novice.

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.

21. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.

22. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

23. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.

24. In matters pertaining to adjudication, the decision of the adjudicators is final.

25. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.

26. First Feis (if offered), Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.

27. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction

28. In consideration of safety and in fairness to dancers performing at a Feis, photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.

A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.

Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location: (a) away from the dancing stages and, (b) requested by a consenting parent, guardian, or dancer (over the age of 18).

29.No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group.

However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.

30. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner and Advance Beginner or their equivalent) up to and including the under 12 age group.

31. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.

32. Each feis is required to list their adjudicators on their syllabus and/or website, one third of which are to be from outside the region where the Feis is being held.

33. Competitors in girl's competitions at the First Feis (if offered), Beginner and Advanced Beginner Grade will wear only the competitor's dancing School costume or a skirt and blouse

## ECR Rules

In addition, the following ECR Rules are in effect:

1. Competitions with five (5) or fewer solo or team entries (a full team being a single entry) must be combined with the next highest age group.

2. Competitions with 30 or more competitors/teams must be split by year of birth. Competitions with fewer than 30 competitors/teams must not be split.

3. Boys and girls must be combined in all grades.

4 Preliminary Championship: In addition to NAFC rule #15, a Preliminary Championship dancer is one who has achieved 1st place in four dances (Reel, Slip Jig, Treble Jig and Hornpipe) in the Prizewinner Grade.

5. Preliminary championship dancers in Under 8 and Under 9 must dance a traditional set dance from the An Coimisiun le Rinci Gaelacha approved list.

6. Preliminary Championship traditional sets will be danced three at a time, where stage size permits; otherwise they will be danced two at a time.

7. Open Championship traditional sets will be danced one at a time.

8. When a Prizewinner set dance competitions is offered, at the time of entry, dancers must be qualified for the Prizewinner grade in at least three of the following: reel, slip jig, treble jig, hornpipe – and be registered to compete in those dances at the feis.

9. All dancers (solo and teams), must be in full costume and correct shoes for award presentations.